

Nursing Fundamentals - Course Study Sheet

Course: Nursing Fundamentals Cluster: Health and Nursing Foundations

Introduces person-centered care, safety, clinical judgment, hygiene, mobility, infection prevention, and documentation.

Five-module course map

Module	Active evidence to produce
1. clinical judgment	Explain the central idea, complete an application, diagnose one plausible error, and connect it to the next module.
2. patient safety	Explain the central idea, complete an application, diagnose one plausible error, and connect it to the next module.
3. infection prevention	Explain the central idea, complete an application, diagnose one plausible error, and connect it to the next module.
4. mobility and basic care	Explain the central idea, complete an application, diagnose one plausible error, and connect it to the next module.
5. communication and documentation	Explain the central idea, complete an application, diagnose one plausible error, and connect it to the next module.

Reliable learning method

recognize cues, identify priority, plan within scope, perform approved skills, evaluate response, and document accurately

Representative application

Use a simulation to prioritize fall, infection, skin, and communication risks while explaining each safety decision.

Weekly study cycle

1. Preview the objective and write two questions. 2. Attend or engage and capture decisions rather than every sentence. 3. Reconstruct the main idea within 24 hours. 4. Complete independent practice. 5. Analyze the first unsupported move on each error. 6. Use feedback. 7. Schedule a delayed mixed recheck.

Self-check before moving on

Can you explain the idea without notes, complete a fresh task, detect a near-miss, verify the result, and state a limitation? Watch especially for: completing a task checklist without reassessment, patient preferences, scope, communication, and documentation.

What to save

a simulation care record with cues, priorities, skill validation, evaluation, and reflection

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