

Career Development Foundations - Course Study Sheet

Course: Career Development Foundations Cluster: College and Career Success

Connects self-assessment, exploration, experience, professional communication, networking, applications, and decision making.

Five-module course map

Module	Active evidence to produce
1. skills and values	Explain the central idea, complete an application, diagnose one plausible error, and connect it to the next module.
2. occupation research	Explain the central idea, complete an application, diagnose one plausible error, and connect it to the next module.
3. experience and work samples	Explain the central idea, complete an application, diagnose one plausible error, and connect it to the next module.
4. professional communication	Explain the central idea, complete an application, diagnose one plausible error, and connect it to the next module.
5. applications and career decisions	Explain the central idea, complete an application, diagnose one plausible error, and connect it to the next module.

Reliable learning method

define a target hypothesis, research real tasks and requirements, test fit through experience, gather evidence, communicate value, and iterate

Representative application

Compare two career paths using daily tasks, entry requirements, location, schedule, evidence of fit, uncertainty, and next low-cost experiment.

Weekly study cycle

1. Preview the objective and write two questions. 2. Attend or engage and capture decisions rather than every sentence. 3. Reconstruct the main idea within 24 hours. 4. Complete independent practice. 5. Analyze the first unsupported move on each error. 6. Use feedback. 7. Schedule a delayed mixed recheck.

Self-check before moving on

Can you explain the idea without notes, complete a fresh task, detect a near-miss, verify the result, and state a limitation? Watch especially for: choosing by title or salary alone or treating one internship, test, or interest inventory as destiny.

What to save

a career portfolio with evidence inventory, research log, work sample, resume version, conversation notes, and decision matrix

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